Fatty liver is also known as NASH, which stands for Non-Alcoholic Steatorrhoeic Hepatosis or Non-Alcoholic-Fatty-Liver-Disease (NAFLD) but, don't be too alarmed by these technical terms, they simply mean that your liver is invaded with unhealthy fat. Fatty Liver is most common in overweight persons, usually over the age of 30.

Unfortunately, by the time you begin to show Fatty Liver Symptoms, your liver may already be damaged, and the normal healthy liver tissue has been replaced with areas of unhealthy fats. In this damaged liver, the liver cells and the spaces in the liver are filled with fat so the liver becomes slightly enlarged and heavier. At this point, the liver has a yellow greasy appearance. This is when you begin to feel the symptoms, starting with an uncomfortable feeling in your right upper abdominal area.

HOW DO YOU KNOW IF YOU HAVE A FATTY LIVER

- You will likely be overweight especially, in the abdominal area
- You will find it very hard to lose weight
- Experience constant fatigue
- Dull abdominal pain
- Flatulence
- Bloating
- Cramping
- High Cholesterol
- High Blood Pressure
- Loss of Appetite
- Constipation
- Jaundice
- Nausea
- Fever
- Vomiting

THE CONSEQUENCES OF A FATTY LIVER

A healthy liver regulates fat metabolism and is the primary fat-burning organ in your body. It even pumps excessive fat out of your body through the bile in the gut. So, if you have a healthy liver you
shouldn't have difficulty with your weight. However, a fatty liver does the exact opposite, it stores fat when it should be burning it. And, instead of removing excess fat from the body it essentially becomes a warehouse of fat, and if allowed to progress, will finally become just a blob of fat with dire consequences for your health and life expectancy.

![Fatty Liver Image](image)

In a fatty liver, the liver cells are replaced by Fat which enlarges the liver.

**CAN YOU REVERSE A FATTY LIVER**

By conventional means no. However, there is a method that has been proven to work effectively in reversing a fatty liver in virtually every case. You can find inspiration in this new fatty liver solution. Traditional medicine provides no specific therapy or drug treatment that actually reverses the fatty liver. Unfortunately, prescription drugs only address the symptoms and do nothing beneficial for the fatty liver but, can exert serious toxic effects on the liver cells and other serious side effects.

**HOW COMMON IS FATTY LIVER DISEASE**

Here in the states, the incidence of fatty liver disease is 15% to 20% of the general population and is much higher in obese people.

**WHEN MY DOCTOR SAYS THERE'S NOTHING THAT CAN BE DONE**

I'm sure your doctor means well. Most doctors do. But they are trained in managing disease... not in managing health. Our "modern" health care system is more like "sick care"!
So for most doctors, their first instinct is to pick up the prescription pad and give you a pill to swallow, or, pat you on the back and say "there is nothing I can do, go jump on a diet".

WHAT REALLY MAKES SENSE

Think about it....your body's own immune system is the tool to fix this problem.....you need to build up your immune system using a healthy and precise treatment....not break it down with pharmaceutical drugs that are harmful (read their WARNING labels) and tax your body's natural abilities.

In this new e-book, you will learn about the different fatty liver symptoms associated with this condition and how these symptoms translate into which type (or level) of fatty liver disease you may have. Though, there isn’t any known cure by conventional means, there is a practical solution that details out a precise treatment that is specially designed to focus on fixing the root cause of this disease opposed to simply masking the symptoms.

This solution involves a specially developed diet that is designed to strengthen the immune system and get it back to doing what it was originally intended to do. It’s very interesting how statistics show that our western civilization has a higher incident of fatty liver symptoms which is primarily due to our modern lifestyle. However, "Western Medicine" primarily focus on the symptoms and not the cause leaving us at the mercy of the billion dollar pharmaceutical companies and their mass produced prescription drugs with all their WARNING labels and disclaimers.

This is why a natural solution makes so much more sense!!!! Prescription drugs only weaken the body's natural abilities which is the exact opposite to what is needed. This new solution, includes precise treatment strategies to permanently relieve you from the most troublesome symptoms, including weight that just won't budge, fatigue, abdominal pain, flatulence, bloating, nausea, blood sugar imbalances, high cholesterol, nausea and vomiting, loss of appetite and many more.

Look....if you have a fatty liver problem, the answer is not going to be found in prescription drugs that tax the body and weaken the immune
system. When I read about a solution that focuses on a natural approach, involving a specially formulated diet that focuses on the cause, it really made good sense to me.

This diet is specifically designed to cleanse the system and allow the body to do what it was originally intended to do. Even if your liver is damaged, this diet can begin to reverse the effects or prevent if from ever getting damaged. What I discovered from this e-book is.... that our bodies are designed to fix itself if given the chance....This diet is really designed to replenish the body with what it needs.... cleanse the system from harmful toxins and allow our immune system to function as it was designed to do..

And a diet of this nature only provides benefits....whether its for other ailments or simply to better your general health. When comparing to lab manufactured prescription drugs....this natural approach makes far too much sense to ignore!!

**Fatty-Live-Symptoms-Reverse-Naturally!**
**Contents at a Glance**
How To Reverse Fatty Liver Symptoms
A Fatty Liver Has Healthy Cells Replaced With Fat
Modern Day Diseases Cured Naturally
How To Reverse Fatty Liver Symptoms
This natural remedy actually reverses Fatty Liver symptoms.

One thing I've learned in my research, is that for every conceivable disease known to man, there is a natural remedy that can be even more effective than the pharmaceutical approach but, without all the harmful side effects. This is especially the case with a fatty liver. Pharmaceutical drugs only focus on the symptoms and have severe side effects while, a natural approach directly impacts the root cause allowing the body to fix itself and reverse the symptoms.

This natural approach really makes sense. Prescription drugs, mass produced by profit seeking pharmaceutical companies, can never remove the fat in your liver and replace it with healthy liver cells. However, by turning to mother nature for help....our bodies can do it.

If you are experiencing Fatty Liver Symptoms then, you may already have a damaged liver. This is a very slow developing condition that
begins to show signs once the healthy liver cells, and the spaces in the liver, are saturated with fat causing the liver to increase in size and cause noticeable abdomen discomfort. At this point, the liver is damaged.

Though, there may not be any cures derived from conventional means, there are however, some very effective Fatty Liver Diets that can offer some real benefits in preventing any further damage to your liver.

However, if you're looking for a way to reverse the damage to your liver, there is one solution that has been proven to work very effectively.

With all our technological wonders, we simply don't have the "know how" to remove the fat in the liver and bring back the healthy liver cells. BUT...OUR BODY DOES HAVE THIS ABILITY!!

NATURALLY!!!!

This new solution details out a precise treatment that focuses on revitalizing the body's own abilities to fix this problem. The first step is to cleanse out the inner terrain system followed by a specially formulated diet that, in essence, provides the body with the necessary nutrients and tools to begin fixing itself.

In short, its in our modern lifestyle that we break down the body's natural abilities to ward off certain diseases and conditions. As in the case of a fatty liver, by consuming too much alcohol or eating unhealthy, fatty and high calorie foods causes fat build up in the liver and prevents it from functioning as it should.

A precise treatment geared towards getting the body to fix itself is the only solution that effectively works towards reversing fatty liver symptoms for good.

This process has made claim to REVERSE THE SYMPTOMS IN VIRTUALLY EVERY CASE!!

A Fatty Liver Has Healthy Cells Replaced With Fat
It’s normal for the liver to contain some fat but, if the fat accounts for more than 10% your liver’s weight then, you have fatty liver which may develop more serious complications.

Fatty liver may cause no damage, but sometimes the excess fat leads to inflammation of the liver. This condition, called steatohepatitis, does cause liver damage. Sometimes, inflammation from a fatty liver is linked to alcohol abuse; this is known as alcoholic steatohepatitis. Otherwise the condition is called nonalcoholic steatohepatitis, or NASH.

An inflamed liver may become scarred and hardened over a period of time. This is called cirrhosis and is very serious and often leads to liver failure.

NASH can damage your liver for years or even decades without causing any symptoms. If the disease gets worse, you may experience fatigue, weight loss, abdominal discomfort, weakness and confusion.

The whole truth about Fatty Liver Symptoms and how it is completely reversible in virtually every case! Just like every profit seeking industry, modern medicine and their pharmaceutical drug laboratories only benefit from keeping naturally safe remedies from the public.

ALL THESE SYMPTOMS CAN BE REVERSED and WITHOUT resorting to experimental prescription drugs or unrealistic diets.

What causes fatty liver?

Eating unhealthy, fatty and high calorie foods causes fat build up in the liver. In this state, the liver cannot process and break down fats as it normally does and too much fat begins to accumulate. Sufferers of this disease tend to develop their symptoms if they have other conditions....such as obesity, diabetes or high triglycerides. Excess alcohol, quick weight loss and malnutrition is also a major contributor to developing a fatty liver. However, there are some people who develop a fatty liver even without any of the described conditions. There’s simply many unknowns regarding this disease.

How is fatty liver diagnosed?
Your doctor visit may uncover something unusual in your blood test or find that your liver is enlarged during a simple routine checkup. These could be the first signs of having a fatty liver. Your doctor may perform other test to see if you have other liver diseases by performing more blood tests, a CT scan, an ultrasound or an MRI. If the other diseases are not found then you may be diagnosed with NASH. The primary method to be sure is to get a liver biopsy. This entails taking a sample of the liver tissue and lab test it under a microscope.

Treatment for fatty liver

In this new comprehensive health report, "The Fatty Liver Solution", is available in electronic format. That means you can have access to this valuable information in a matter of minutes.

And in just a few days from now, you may already be feeling the benefits of improved liver function. In fact, some experience health improvements in less than week. For others, it takes longer. For you, I don't know... and neither will you, until you try.

But either way, you'll soon be well on your way to playing with the kids or grandkids with renewed energy and vitality... you'll actually feel good for a change... and you'll drop those excess pounds in the process!

Fatty-Live-Symptoms- can be Reverse-Naturally!
Modern Day Diseases Cured Naturally
With all of man's technological wonders, there are still a list of common diseases that man simply doesn't possess the "know how" to cure. These disease's are primarily a product of our modern day life styles. One thing the following has in common, is that they are much more common in modern "Western" civilization.

The reason why we don't have medical solutions for these conditions is because the answer doesn't lie in modern medicine. The solution is in bringing our body's back into balance, by providing them with the necessary nutrients and tools, and get our own immune system to do what it was originally intended to do.